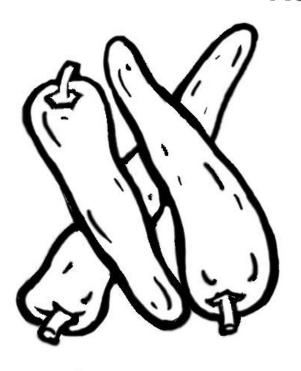
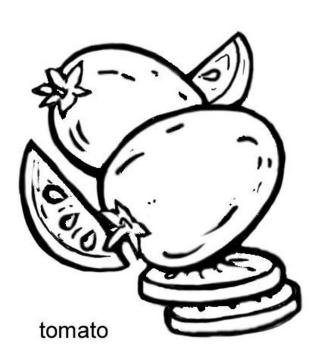
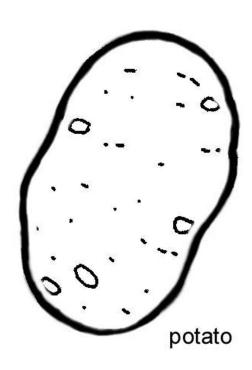
## **Red Foods**



red peppers









**Extension Website: http://web.aces.edu/wellnessways**The Family Nutrition Program is funded with Food Stamp Administrative funds by the Food, Nutrition & Consumer Services of the U.S.Department of Agriculture.